



Central Carroll Soccer Club Return to Play Protocol (COVID-19)

6-19-2020, 7/27/2020, 8/11/2020, 8/28/2020, 10/27/2020

This Return to Play protocol was established by guidelines developed by MSYSA, U.S. Soccer, state and local authorities, CDC, Carroll County Rec & Parks (in collaboration with the Carroll County Health Department). For a review of these guidelines, please see our club website www.centralcarrollsoccerclub/formsdocs.

The information contained in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images and information are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, CCSC makes no representation and assumes no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and /or public health officials if you have specific questions about your return to training and competition.

Respect for everyone's level of concern for COVID-19 will be CCSC's promise and due diligence. It will be the parent's comfortableness and decision to whether their child returns to play for CCSC during COVID-19 and/or to what extent.

The following is to be adhered by all associated with CCSC (Coaches, players, parents etc...):

- Participation in any in-person group activities is only allowed if you have had no signs or symptoms of COVID-19, no signs/symptoms that may have been COVID-19, have not been exposed to someone who has/had signs or symptoms of COVID-19 for a minimum period of 14 days before participation.
- If you are sick or feel sick, STAY HOME.
- At risk individuals, youth or adult, STAY HOME (if you are unsure if you are considered at risk, please consult your medical provider directly).

- Temperatures of CCSC personnel (coaches, managers, trainers, etc..) and players are to be taken. **Temperatures shall be taken prior to the arrival to the field (at home). It is the responsibility of all players, and CCSC personnel to take your own temperatures.** Anyone with a temperature of 100.4 degrees or more should not come to training/practice, and will need medical clearance from your physician prior to returning to play.
- At this time, No one is to share water, towels, or any other personal equipment. This includes but not limited to: Shin guards, socks, shoes, clothing, tape, hairbands, pinnies or bibs. In addition, no team huddles, high fives, fist bumps.
- All parents and/or spectators shall wear a mask when walking to and from the field and while watching practice and games. Please sit at least 6 feet apart on the hill and Sandymount or Deer Park, off of the playing field.
- Coaches and players shall wear a mask when they arrive and exit the field for practice or games.
- Coaches shall wear a mask at all times on the field unless it is unsafe to do so **or when social distancing is not possible.**
- Players shall wear a mask on the field, to the extent possible, unless unsafe to do so.

Prior to the start of each training session, CCSC personnel will communicate / and continue to educate players on the safety measures of this Return to Play Protocol.

Training/Practice Sessions:

- Parents should communicate with their coach directly if they want to limit the amount of participation their child commits to during each session.
- Focused on return to activity with individual and small group drills, spreading out as much as possible.
- CCSC personnel will identify player areas as they arrive to the field, where they can place their bags, equipment water, etc.... all 6 feet from each identified area.
- Direct physical contact should be limited to only scrimmages.
- No out-of-**state** scrimmages allowed at this time. (The reasoning is to limit the amount of high-risk activity which are game situations)
- CCSC personnel only handles equipment (cones, discs, pug goals etc...)
- Each player and CCSC personnel should sanitize all gear before and after sessions.
- Spectators (parents, family members, etc..) are asked to continue practicing social distancing 6 feet away. No spectators are allowed on any part of the fields while CCSC personnel or players are present. Spectators are free to wait in their car, watch 25 feet from the perimeter of the entire field, or walk around the park. We are trying to limit the number of people directly on our fields.

Games:

- League play and tournaments will have their COVID-19 safe measures in place and should be reviewed/followed by the CCSC team looking to participate.
- CCSC teams will still follow protocol above.

- All out-of-state tournament participation must be pre-approved by the president of the club.

If CCSC personnel, team, parent or player is not able to follow this protocol, they will not be permitted to continue and potentially not return to soccer at that time. This will be monitored by the CCSC Executive Board. Any questions or concerns please contact any Executive Board member. Contact information can be found at: www.centralcarrolsoccerclub.org/contacts.